

# CPD: What is it and what *isn't* it?

## Andrew Gibbons In conversation with Clive Lawrence Forbes

### Summary of content with timings

- 2.05 Let's start with the second issue – what is CPD not?
- 3.00 It's best when you don't feel it's about compliance – something you must/have to do.
- 3.30 It's certainly about structured, organised, training – it's about learning.
- 4.15 It's really, continuous *personal* development, it's about you, and taking control of your learning.
- 5.10 CPD is about making yourself more useful, employable, promotable.
- 5.20 Not managing your own development will put you at the back of the queue for progression.
- 5.35 It should be an energising, invigorating, empowering 'thing'.
- 5.45 You're letting yourself down if you aren't doing it – you should want to be a subject matter expert.
- 6.10 The only way to be as good as you can be, is by constantly developing yourself.
- 6.55 Passive professionals feel passing exams decades ago and joining a member's club is enough.
- 7.20 Real learning is in the workplace.
- 7.35 Points don't make prizes, and attendance on 'CPD worthy' structured events are poor value.
- 8.00 Real CPD is free, all it takes is a little time and the will to drive your own development.
- 8.10 I wish I saw more excitement about this – I see virtually none at all.
- 8.10 If you went through our extensive CPD logs you would find no training courses feature at all.
- 8.45 Real CPD should not mean rows of bored people tolerating being told things they already know.
- 9.00 It's about going out there and finding for yourself relevant learning that keeps your skills up to date.
- 9.20 It's very important that it doesn't become a chore.
- 10.00 Ironically those most actively and truly manage their own development don't think of that as CPD.
- 10.25 Behaving professionally in terms of CPD doesn't require membership of a professional body.
- 11.30 Clear career pathways can assist and guide CPD activity, which is still self-managed.
- 12.10 CPD that is no more than begrudging compliance with minimum standards has little real value.
- 12.50 An employer environment driving self-directed learning from CEO's own practice is powerful.
- 14.00 During recruitment we want to know the learning prospective employees have done for themselves.
- 15.00 The best value learning has clear and tangible outcomes for both the individual and the organisation.

- 15.25 CPD should be a planned process and have purpose as well as clear outcomes.
- 15.45 It should be so embedded in normal work and practice that it 'just' becomes part of what you do.
- 18.10 I read, then hand-note my learning from that and type it up so I don't 'read and forget'.
- 18.40 Sometimes we need to challenge ourselves to learn in less comfortable ways than our 'norm'.
- 18.55 If we push ourselves to levels of 'difficult learning' beyond the 'low hanging fruit', payoffs are high.
- 20.15 Recognising our learning preferences and not just accommodating these can be very valuable.
- 20.45 I'm not a naturally reflective practitioner – that's why I have to make learning notes.
- 21.25 I've listened to a few of these recordings, and I have picked up things I would never have read.
- 22.10 The thing about CPD is that people forget that conversations lead to learning.
- 23.10 CPD is all about managing your own unique and personal learning journey, focusing on your needs.
- 25.25 How can I best manage the process by which I get better at what I do?
- 27.50 It's critically important that you are emphasising the employer's role in this.
- 28.40 If you have, as relevant, a meaningful appraisal or development needs analysis that can be a start.
- 29.10 Taking your CPD seriously means you're more likely to keep your job, and to get a better one.
- 30.50 What is performance management if not enhancing the abilities and talents of individuals?
- 31.20 Capability development and improved performance is mobile – it walks.
- 31.30 Organisations must do what it takes to retain capable people, that attract the attention of others.
- 32.20 Information can be managed and held electronically, but knowledge is all about people.
- 33.30 Most of what we know is the natural outcome of real work.
- 34.20 Thinking thoughts is often not enough to retain new knowledge or learning – we need to note this.
- 35.50 We need to find the approach to CPD that best works for us as individuals.
- 36.20 If you work on CPD constantly and deliberately it becomes embedded as your normal practice.
- 37.15 You will never remember all you experience – so write down even brief notes to retain learning.
- 38.30 You need to be a credible model of what you want others to do in terms of managing learning.
- 39.15 You do CPD because you don't want to let yourself down.